

SPORTS CAMP PACKAGES

Pärnu Beach Stadium (Ranna pst. 2, Pärnu)



PERIOD: September 1 - May 31 (one person)

HOSTEL WITH ALL AMENITIES <ul style="list-style-type: none">- 53 comfortable couch beds- Shower and WC in the room- TV in the room- Balconies with sea view- Beach 200m	Youth (up to and including 13 years old) Training Camp Package	29 € / night
	Adult Training Camp Package	31 € / night

PERIOD: June 1 - August 31 (one person)

HOSTEL WITH ALL AMENITIES <ul style="list-style-type: none">- 53 comfortable couch beds- Shower and WC in the room- TV in the room- Balconies with sea view- Beach 200m	Youth (up to and including 13 years old) Training Camp Package	33 € / night
	Adult Training Camp Package	36 € / night

INFORMATION:

- Packages include:
 - Accommodation (rooms for 2 or 3 people)
 - Catering:
 - Breakfast – buffet, incl. porridge, muesli
 - Lunch – steak, dessert, flavoured water, bun (special menu available*);
 - Dinner – steak, dessert, flavoured water, bun (special menu available*);
 - Use of all facilities of the sports complex (except for the big field on the main stadium or on the practice field for football*) and exercise equipment (except poles) for up to 3 hours a day according to the submitted and coordinated schedule;
 - Use of laundry and drying facilities;
 - Free parking at Beach Stadium private car park (max 1 bus or 5 cars).
- Packages are valid for camping groups with minimum 10 people;
- Packages apply to camp duration of minimum three nights;
- For packages, the principle is that the various rooms associated with an overnight stay should be as complete as possible **;
- No other discounts on package prices;
- Additional services and requests, if any, will be agreed upon within a specific quote;
- The prices include VAT.

In addition, we recommend*:

Service	PRICE
Full-size football field (on the practice field or on the main stadium)	Price according to price list
Training and Testing System SPINTEST (speed, acceleration, reaction, jumping ability, combined tests / exercises)	<ul style="list-style-type: none">• 5 € / test / person• 35 € / hour with trainer
Seminar Room (Hall, VIP Room)	20 € / hour
Cross-Core training with a dedicated coach	35 € / hour with trainer
Rehabilitation procedures: ice bath, compression trousers	5 € / procedure / person
Sports massage and kinesio taping and physiotherapy service (cooperation partner)	according to the price list of the service provider;
Use of throwing competition gear (IAAF certified javelins, discs, shots, hammers)	Rate agreed upon

* in case of use (by prior arrangement), the price of the respective service will be added to the final bill!

** room use alone: 30% extra charged per night!

Information and reservations:

Phone: +372 525 3005

E-mail: rannastaadion.hostel@gmail.com